Welcome to our Lunch Cafe at...

Holy Trinity Catholic School PreK-8

January 2020

HARVEST of the MONTH

WHITSONS School Nutrition

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Chicken Cheese Quesadilla And Sliced Peaches Cucumber Coins	3 Cheese Pizza Steamed Broccoli And Applesauce Garden Salad Fresh Orange
6 Mozzarella Sticks With Spaghetti Sauce And Diced Pear Cup Fresh Baby Carrots	7 Cheeseburger Sweet Potato Fries And Strawberry Cup	8 Whole Grain Pancakes with Sausage Syrup Red Pepper Strips Diced Pear Cup	9 Crispy Popcorn Chicken Baked Beans And Sliced Peaches Fresh Banana	10 Cheese Pizza Steamed Broccoli And Applesauce Garden Salad Fresh Orange
13 Grilled Cheese Sandwich Crispy Potato Puffs And Diced Pear Cup Fresh Apple	14 Crispy Chicken Sandwich Sweet Potato Fries And Strawberry Cup	15 Fluffy Whole Grain Waffles Crispy Pork Sausage Links Grape Tomatoes Diced Pear Cup	16 Beef Hot Dog on Bun Baked Beans And Sliced Peaches Confetti Garbanzo Bean Salad Fresh Banana	17 Cheese Pizza Steamed Broccoli And Applesauce Garden Salad
20	21 Barbecue Rib Sandwich Sweet Potato Fries And Strawberry Cup	22 Whole Grain French Toast Crispy Pork Sausage Links Red Pepper Strips Diced Pear Cup	23 Cheese Quesadilla And Sliced Peaches Cucumber Coins Fresh Banana	24 Cheese Pizza Steamed Broccoli And Applesauce Garden Salad Fresh Orange
27 Cheesy Stuffed Bread Sticks With Spaghetti Sauce And Diced Pear Cup Corn & Pepper Salad	28 Meatball Sandwich Sweet Potato Fries And Strawberry Cup	29 Whole Grain Pancakes with Sausage Crispy Potato Puffs Applesauce	30 Baked Chicken Tenders Baked Beans And Sliced Peaches Fresh Banana	31 Cheese Pizza Steamed Broccoli Applesauce Garden Salad Fresh Orange

Whitsons offers a variety of options for students with documented food allergies and special dietary needs. Our goal is to enable children with food allergies and sensitivities to be free to enjoy great tasting, safe and healthy foods in the school lunchroom. Visit www.whitsons.com or scan our QR code for more information.

Lunch Prices
Full Price Lunch $4.00
Reduced Lunch $0.40
Adult Lunch $4.50

Questions, comments?
Contact Jennifer Syrowsky
@ 203-924-1055

Alternate Lunch Entree Available Daily:
Bagel Fun Lunch: Whole Grain Bagel with Cream Cheese, Low Fat Yogurt Cup and a Cheese Stick
Garden Salad: Romaine, Tomato, Cucumber, Carrots, Cheddar Cheese, and Whole Wheat Dinner Rolls (2) with low fat dressing
All Meals are served with a Fruit, Vegetable and Milk
A variety of seasonal fresh fruits and vegetables are available daily

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.