Welcome to our Lunch Cafe at ... School PreK-8

Holy Trinity Catholic



| | Monday | | Tuesday | | Wednesday | | Thursday | | Friday |
|----|--|----|---|----|--|----|---|----|--|
| 2 | Philly Cheese Steak & Green Beans Crispy Potato Puffs Corn & Pepper Salad And Diced Pear Cup Fresh Apple | 3 | Pulled Pork P BBQ Sauce Cole Slaw Sweet Potato Fries And Strawberry Cup Fresh Baby Carrots Fresh Orange | 4 | Beef Hot Dog on Bun Baked Beans And Sliced Peaches Confetti Garbanzo Bean Salad Fresh Banana | 5 | Meatball Sandwich & Sweet Potato Fries And Strawberry Cup Broccoli Bites Fresh Baby Carrots Fresh Orange | 6 | French Bread Pizza Steamed Broccoli And Applesauce Garden Salad Fresh Orange |
| 9 | Grilled Cheese Sandwich (2) Crispy Potato Puffs Corn & Pepper Salad And Diced Pear Cup Fresh Apple | 10 | Cheeseburger Sweet Potato Fries And Strawberry Cup Fresh Baby Carrots Fresh Orange | 11 | Whole Grain Pancakes with Sausage Syrup Crispy Potato Puffs Red Pepper Strips Diced Pear Cup Mixed Berry Cup | 12 | Crispy Popcorn Chicken Baked Beans Confetti Garbanzo Bean Salad And Sliced Peaches Fresh Banana | 13 | French Bread Pizza Steamed Broccoli And Applesauce Garden Salad Fresh Orange |
| 16 | Fluffy Whole Grain Waffles Crispy Pork Sausage Links Crispy Potato Puffs Corn & Pepper Salad And Diced Pear Cup Fresh Apple Cucumber Coins Celery | 17 | Crispy Chicken Sandwich Sweet Potato Fries And Strawberry Cup Fresh Baby Carrots Fresh Orange | 18 | Chicken Corn Dog Onion Rings Fresh Melon Cup Grape Tomatoes Diced Pear Cup | 19 | Mozzarella Sticks (**) Spaghetti Sauce Steamed Carrots And Sliced Peaches Celery Sticks Fresh Banana | 20 | French Bread Pizza Steamed Broccoli And Applesauce Garden Salad Fresh Orange |
| 23 | Cheesy Stuffed Bread Sticks (2) With Spaghetti Sauce Crispy Potato Puffs And Diced Pear Cup Corn & Pepper Salad Cucumber Coins | 24 | Barbecue Rib Sandwich Sweet Potato Fries And Strawberry Cup Fresh Baby Carrots Fresh Orange | 25 | Bacon, Egg and Cheese Breakfast Sandwich Crispy Potato Puffs Steamed Carrots Red Pepper Strips Diced Pear Cup | 26 | Crispy Popcorn Chicken With Whole Wheat Dinner Roll Green Beans And Sliced Peaches Cucumber Coins Fresh Banana | 27 | French Bread Pizza Steamed Broccoli And Applesauce Garden Salad Fresh Orange |
| 30 | Whole Grain French Toast @ Crispy Pork Sausage Links | 31 | Baked Chicken Tenders Fluffy Mashed Potatoes Green Beans | | HARVE | 5 | of the MONTH | | |

Our marketing and communications proencourage a healthy "Fooditude;" that ealthy attitude about food. Through ative menus and promotions, we strive

to create a healthy fooditude that leaves students inspired to achieve all levels of success.

Red Pepper Strips

Fresh Apple

Diced Pear Cup



And Strawberry Cup

Fresh Baby Carrots

Fresh Orange

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.

Lunch Prices Full Price Lunch \$4.00 Reduced Lunch \$0.40 Adult Lunch \$4.50

Questions, comments? Contact Jennifer Syrowsky @ 203-924-1055

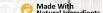


WHITSONS



Alternate Lunch Entree Available Daily: Bagel Fun Lunch: Whole Grain Bagel with Cream Cheese, Low Fat Yogurt Cup and a Cheese Stick Garden Salad: Romaine, Tomato, Cucumber, Carrots, Cheddar Cheese, and Whole Wheat Dinner Rolls (2) with low fat dressing

All Meals are served with a Fruit, Vegetable and Milk A variety of seasonal fresh fruits and vegetables are



available daily

